

# BUCKINGHAM SPORTS REGISTER



## Welcome to your A to Z Sports Register for Buckingham

Encouraging participation in sport and exercise for all ages and abilities is a key government priority with a view to improving both physical and mental health.

To support this initiative, Buckingham Town Council has decided to introduce a centralised register of exercise, activity, and sports clubs/organisations (both non-profitmaking and commercial) for both able bodied and disabled, providing our residents with their contact details/information.

Buckingham Town Council hopes that this register will help make Buckingham an even more active and healthy town, by helping its residents to discover and find new activities within Buckingham (when available/existing) and neighbouring localities.

If you think that your club/organisation should feature in this register, please do not hesitate to contact Sam Hoareau ([lacehillcentre@buckingham-tc.gov.uk](mailto:lacehillcentre@buckingham-tc.gov.uk))!

Please note that by listing the providers contacts, Buckingham Town Council is not promoting or endorsing them, the purpose of this register only being to provide useful information to residents.

This document relies on the information provided by the activity and sports clubs/organisations listed that were contacted at the time of its last update.

# A TO Z OF SPORTS & FITNESS

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## ANGLING

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Buckingham & District Angling Association	Woodfields Lake Preston Bissett and various stretches of the River Ouse around Buckingham	07767 663928	sbumstead@sky.com	<a href="http://www.bdaafishing.org.uk">www.bdaafishing.org.uk</a>	Yes*

\* for a fishing venue Woodfields is quite accessible to disabled anglers. We also run several Structured Coaching Sessions for Juniors with the Upper Ouse Angling Club.



## ARCHERY

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Newport Pagnell Archers	Caldecotte Xperience, Simpson, Milton Keynes, MK6 3AG (outdoors) Millmead Hall, Wolverton, MK12 5TN (indoors) Ousedale School, Newport Pagnell, MK16 0BJ (indoors)	Please contact the club through the form on our website.	Please contact the club through the form on our website.	<a href="http://www.newportpagnellarchers.co.uk">www.newportpagnellarchers.co.uk</a>	Yes



## ATHLETICS

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Marshall Milton Keynes Athletic Club (satellite club)	Stowe School MK18 5EH	01280 848171	Via website	<a href="http://www.mkac.org.uk">www.mkac.org.uk</a>	No
Marshall Milton Keynes Athletic Club	Stantonbury Athletics Stadium, MK14 6BN	01908 652711	Via website	<a href="http://www.mkac.org.uk">www.mkac.org.uk</a>	Tuesdays at 5pm



## BADMINTON

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Buckingham Badminton Club	Thornton College MK17 0HJ	01280 817189	<a href="mailto:steve.cornell13@gmail.com">steve.cornell13@gmail.com</a>	<a href="http://www.buckinghambc.org.uk">www.buckinghambc.org.uk</a>	Yes*

\* but dependent on the disability.



## BASKETBALL

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Shenley Scorpions Basketball Club	Shenley Leisure Centre, Milton Keynes, MK5 6HF	07830 361646	<a href="mailto:info@shenleybasketball.org.uk">info@shenleybasketball.org.uk</a>	<a href="http://www.shenleybasketball.org.uk">www.shenleybasketball.org.uk</a>	No



## BOOTCAMP

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Brawny's Bootcamp	Embleton Way Green, MK18 1FH	07854 118286	alice@brawnysbootcamp.com	www.brawnysbootcamp.com or <a href="https://m.facebook.com/BrawnysBootcamp/">https://m.facebook.com/BrawnysBootcamp/</a>	



## BOWLS

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Buckingham West End Bowls Club	Brackley Road, Buckingham MK18 1JD	Secretary: 01280 816371  Clubhouse: 01280 822659	bwebc@yahoo.com	www.buckinghamwestendbowlsclub.co.uk	No
Chandos Park Bowls Club	Chandos Park Chandos Road MK18 1AJ	01280 817954 07761 641059	1987bobby@live.co.uk	www.chandosparkbowlsclub.co.uk	Wheelchair friendly
Slade Indoor Bowls and Snooker Club	Yonder Slade, Buckingham Industrial Park, Buckingham. MK18 1RZ	01296 712309 01280 822972	robinjgalvin@gmail.com james.melrose@racertracer.com	www.slade.btck.co.uk	Yes



## BOXING

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Bicester Boxing Club	1 Wedgewood Road, Bicester, OXON, OX26 4UL	07501 351385	bicesterboxing@hotmail.com	www.bicesterboxing.com	No



## CANOEING

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
NO DATA					



## CRICKET

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Buckingham Town Cricket Club	Buckingham Town, Bourton Road, MK18 1BG	N/A	pengelly1954@hotmail.co.uk	www.buckinghamtowncricket.co.uk	Yes



## CYCLING

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Swan Wheelers Cycling Club	Our rides leave from outside the Swan Pool, London Road, Buckingham	N/A	Via website	<a href="http://www.swanwheelers.cc">www.swanwheelers.cc</a>	No



## DANCE

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
UP! Dance Collaborations	Main Hall, Lace Hill Academy School, Buckingham, MK18 7RR	07983 359308	<a href="mailto:jade@updance.co.uk">jade@updance.co.uk</a>	<a href="http://www.updance.co.uk">www.updance.co.uk</a>	Dependant
Dance (Buckingham)	Buckingham Youth Centre, London Road, Buckingham, MK18 1AT	07956 116303	<a href="mailto:julie.holland@mac.com">julie.holland@mac.com</a>	<a href="http://www.dancebuckingham.co.uk">www.dancebuckingham.co.uk</a>	May or may not be depending on disability. *

\* This is a dance class so users would need to feel confident that they can move around freely.



## DARTS

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
NO DATA					



## DIVING

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
NO DATA					



## EQUESTRIAN

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Silverstone Riding School	Blackmires Farm, Silverstone, NN12 8UZ	07789 514221 01327 858153	sophiebren9@yahoo.co.uk	<a href="http://www.silverstoneridingschool.co.uk">www.silverstoneridingschool.co.uk</a>	Yes





## FENCING

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Milton Keynes Fencing Club	Stantonbury Campus Leisure Centre, MK14 6BN	(email preferred) 01908 543047	Use "contact us" on the website please.	<a href="http://www.mkfencing.org.uk">www.mkfencing.org.uk</a>	Yes*

\* but our club doesn't have the extra equipment. I highly recommend Touche Fencing Club in Towcester, for disabled fencers.



## FITNESS

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
The Energy Effect Studio	Unit 8, Little Balmer, Buckingham Industrial Estate, MK18 1TF	07725 537002	<a href="mailto:info@theenergyeffect.co.uk">info@theenergyeffect.co.uk</a>	<a href="http://www.theenergyeffect.co.uk">www.theenergyeffect.co.uk</a>	No data
Bourton Mill Health and Leisure club	Bourton Road, Buckingham, MK18 7DL	01280 823423	Via Website	<a href="http://www.bourtonmill.net">www.bourtonmill.net</a>	Depending on the individual's ability
S4A Sports 4 All Ltd	Bourton Meadow Academy	07989 467850	<a href="mailto:matt.ogle@s4asports.co.uk">matt.ogle@s4asports.co.uk</a>	<a href="http://www.s4asports.co.uk">www.s4asports.co.uk</a>	Yes



## FOOTBALL

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
FC Buckingham	Lace Hill Sports & Community Centre, MK18 7RR	07780 434358	Via website	<a href="http://www.pitchero.com/clubs/fcbuckingham">www.pitchero.com/clubs/fcbuckingham</a>	No
Buckingham United FC	Lace Hill Sports & Community Centre, MK18 7RR	07734 395513	<a href="mailto:buckinghamunited@hotmail.co.uk">buckinghamunited@hotmail.co.uk</a>	<a href="http://www.buckinghamunited.co.uk">www.buckinghamunited.co.uk</a>	No*

\* We currently do not have any teams suitable for disabled users



## GAELIC GAMES

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
NO DATA					



Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Buckingham Golf Club (activity – Golf)	Tingewick Road Buckingham, MK18 4AE	01280 815566	admin@buckinghamgolfclub.co.uk	www.buckinghamgolfclub.co.uk	Yes*
Stowe Golf Club	Stowe Golf Club, Stowe School, Buckingham, Bucks, MK18 5EH	01280 818280	events@stowe.co.uk	www.stowe.co.uk/house/venue-hire/golf-club	N/A

\* although we do not have access (yet) to the first floor for wheelchairs.



Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
MK Springers Gymnastics Club	16-17 Carters Lane, Kiln Farm, Milton Keynes MK11 3ES	Office phone 01908 217788 Gym Phone 01908 262986	enquiries@mkspringers.com	www.mkspringers.com	Yes*

\* We are a fully inclusive club. We hold monthly classes for children with special needs & learning difficulties. We can cater for those with deafness or who may be partially sighted. Other classes include Parkour (Free running) and weekly open sessions for Adults & Teens on Thursday night.



## HANDBALL

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
NO DATA					



## HOCKEY

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Buckingham Hockey Club	Stowe School Astroturf Pitches, MK18 5EH	Adults: 07713 410790 Junior enquiries for members: 07801 746510	Adults: membership@buckinghamhc.co.uk Juniors enquiries: juniors@buckinghamhc.co.uk	www.buckinghamhc.co.uk	Depending on disability



## ICE HOCKEY

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
NO DATA					



## JUDO

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Winslow Judo Club	The Winslow Centre, Park Road, Winslow, Bucks, MK18 3RB	Julia – 077207 15853	winslowjudoclub@hotmail.co.uk	www.winslowjudoclub.org.uk	Yes*

\* We like to include as many people as we can but it depends on the disability. You can find more information from the BJA on disabilities that can be accommodated <http://www.britishjudo.org.uk/gb-judo/gb-special-needs-judo/>



## KARATE

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
FirePunch UK	Mondays Padbury CE School Hall, MK18 2AP Maids Moreton Village Hall, MK18 1QU, Lace Hill Sports & Community Centre, MK18 7RR, Buckingham Youth Centre, MK18 1AT, Gt Horwood Village Hall, MK17 0QH	Via Website	admin@firepunch.uk	www.firepunch.uk	NA



## KORFBALL

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Buckingham Royals Korfball Club	Royal Latin School - sports hall, MK18 1AX	07429 231390	bucsroyals@gmail.com	Facebook @ bucsroyals	Possibly depending on the disability



## MOTORSPORT

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Silverstone Rally School	Silverstone, NN12 8TJ	01327 857413	office@silverstonerally.co.uk	www.silverstonerally.co.uk	Possibly depending on the disability



## NETBALL

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Back to Netball	Thornton College, Thornton, Bucks MK17 0HJ	Via Email	shickman@thorntoncollege.com	www.netballsouth.co.uk/back-to-netball- sessions/north-bucks OR www.englandnetball.co.uk/backtonetball	N/A
Back to Netball	Bletchley Leisure Centre Princes Way, Bletchley, Bucks MK2 2HQ	01908 377251	Via Website	www.netballsouth.co.uk/back-to-netball- sessions/north-bucks OR www.englandnetball.co.uk/backtonetball	N/A



## PILATES

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Halsa Pilates	Lace Hill Sports & Community Centre, MK18 7RR. Buckingham Community Centre, MK18 1RP	07793 019007	beth@halsapilates.com	www.halsapilates.com	No data



## ROWING

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Milton Keynes Rowing Club	Water sports Centre, Monellan Grove, Caldecotte, Milton Keynes, MK7 8BH	Initial contact by email please	membership@mkrowing.org	www.mkrowing.org	Yes*

\* Disabled facilities and stable boats are available, but limited



## RUGBY

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Buckingham Rugby Club	Floyd Fields, Maids Moreton, Buckingham, MK18 1RF	Contacts section within the website	Contacts section within the website	www.pitchero.com/clubs/Buckingham/contact/	Arrangements will be made to accommodate all players if practical and safe.





## RUNNING

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Buckingham Stowe Running Club	We meet on Mondays and Thursdays at the back of Tesco car park by the bus stops at 6.45pm. Our beginner's night meet at the Swan Pool at 6.45pm on Tuesdays.	Via Website	buckinghamrunningclub@hotmail.co.uk	www.buckinghamrunningclub.com	No



## SAILING

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Great Moor Sailing Club	Thame Road Steeple Claydon Buckingham. MK18 2GJ	01296 730271 07968 732850	commodore@greatmoor.org.uk	www.greatmoor.org.uk	Disabled users would be limited to social activities, possibly fishing with a carer.



## SHOOTING

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Drayton Parslow Sporting Clays	Kingsland Farm, Chapel Lane, Drayton Parslow, Bucks, MK17 0JG	07710448609 / 01908 376005	basccoach@yahoo.co.uk	www.draytonclays.co.uk	Mostly suitable for disabled users



## SNOOKER

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Buckingham Snooker Club	Buckingham Snooker Club, Yonder Slade, Buckingham. MK18 1RZ	01280 822972	info@buckinghamsnookerclub.co.uk	www.buckinghamsnookerclub.co.uk	Yes*

\* however, wheel chair access around the snooker tables will be very tight but possible with prior arrangement.



## SOFTBALL

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
MK Softball League	Woughton on the Green Playing Fields, MK6 3EA (Outdoors April-Sept) & The Radcliffe School, MK12 5BT (Indoors Oct-March)	Leah (League secretary) on 07581 844570	mkdiamondssoftball@gmail.com	www.mksoftball.co.uk	Yes*
* We are an inclusive league.					



## SQUASH

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Buckingham Squash & Racketball Club	Swan Pool Buckingham, MK18 1AE	Laurie Spragg 01280 860340	laurie@spra.gg	www.buckingham-squash-club.co.uk	No



## SUB AQUA

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Stowe Sub Aqua Club	Stowe School Swimming pool, MK18 5EH and all over the UK and abroad	07802 765366	roger@stowesubaqua.co.uk	stowesubaqua.co.uk	Potentially yes



## SWIMMING

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Everyone Active – Swan Pool and Leisure Centre	Swan Pool & Leisure Centre, London Road, Buckingham, MK18 1AE	01280 817500	<a href="mailto:swaninfo@everyoneactive.com">swaninfo@everyoneactive.com</a>	www.everyoneactive.com	Yes*
Buckingham Swans Swimming Club	Swan Pool & Leisure, London Road, Buckingham, MK18 1AE	07710 010958	chair@buckinghamswanssc.co.uk	<a href="http://www.buckinghamswanssc.co.uk">www.buckinghamswanssc.co.uk</a>	Yes
Stowe Swimming Club	Stowe School, Buckingham, Bucks, MK18 5EH	01280 818280	events@stowe.co.uk	www.stowe.co.uk	Yes

\* We have disabled changing facilities and a pool hoist.



## TABLE TENNIS

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Milton Keynes Table Tennis League	Padbury Village Hall, MK18 2AP  Milton Keynes Table Tennis Centre, Kingston (and other venues in and around Milton Keynes)	01908 282156	welch.chris@gmail.com	www.mkttl.co.uk	Yes



## TAEKWONDO

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
BBTA Taekwondo Academy	Buckingham Primary School, MK18 1PN & locations throughout Milton Keynes	07877 971342 01295 750462	bbtaacademy@gmail.com	www.bbtaacademy.co.uk	Yes



## TENNIS

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Buckingham Tennis Club	Chandos Park, MK18 1AJ	07968 306068	malcphoto@hotmail.com	www.buckinghamtennis.net	Yes*

\* Wheelchair users are welcome to hire the courts to play or join as members, but as a club we don't organise any special tournaments for the disabled.



## VOLLEYBALL

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
NO DATA					



## WALKING

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Simply Walk, Buckingham	Buckingham Community Centre and Waitrose*	07963 043220	terry.penny@lineone.net	<a href="http://www.old.buckscc.gov.uk/environment/rights-of-way/exploring-the-countryside/simply-walk/">www.old.buckscc.gov.uk/environment/rights-of-way/exploring-the-countryside/simply-walk/</a>	Suitable for people with a moderate level of disability **

\* We walk from the area between the Buckingham Community Centre and Waitrose. We start at 11am. Distances are usually from 3.5 to 4.5 miles. Sometimes there is a shorter walk covering 2 miles.

\*\* The walks are aimed at people who have not done much exercise and are often recommended by doctors or practice nurses to join us. They are suitable for people with a moderate level of disability.



## WEIGHTLIFTING

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Aylesbury Weightlifting Club	5A Bessemer Crescent Rabans Lane Industrial Estate Aylesbury HP19 8TF	07954 603917	info@crossfitaylesbury.co.uk	www.crossfitaylesbury.co.uk/aylesbury-weightlifting-club.html	Yes*

\* This would also be suitable/adaptable for those with disabilities.



## YOGA

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
BuckinghamYoga	Lace Hill Sports & Community Centre MK18 7RR	07514 498053	julia@buckingham-yoga.co.uk	www.buckingham-yoga.co.uk	No



## ZUMBA

Activity Providers	Location	Phone Number(s)	Email Address	Website Link	Disabled Suitable
Cairos Dance and Zumba Fitness	Lace Hill Sports & Community Centre MK18 7RR	07967 041580	janey@cairos.co.uk	www.cairos.co.uk	Please enquire